## CHENISH CHENISH ENDR 2023

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### **Chabad of Greater Mercer County**

#### www.princetonchabad.org

645 State Road, Princeton, NJ 08540 (609) 902-7819 Rabbi@PrincetonChabad.org

# MCCAFFREY'S

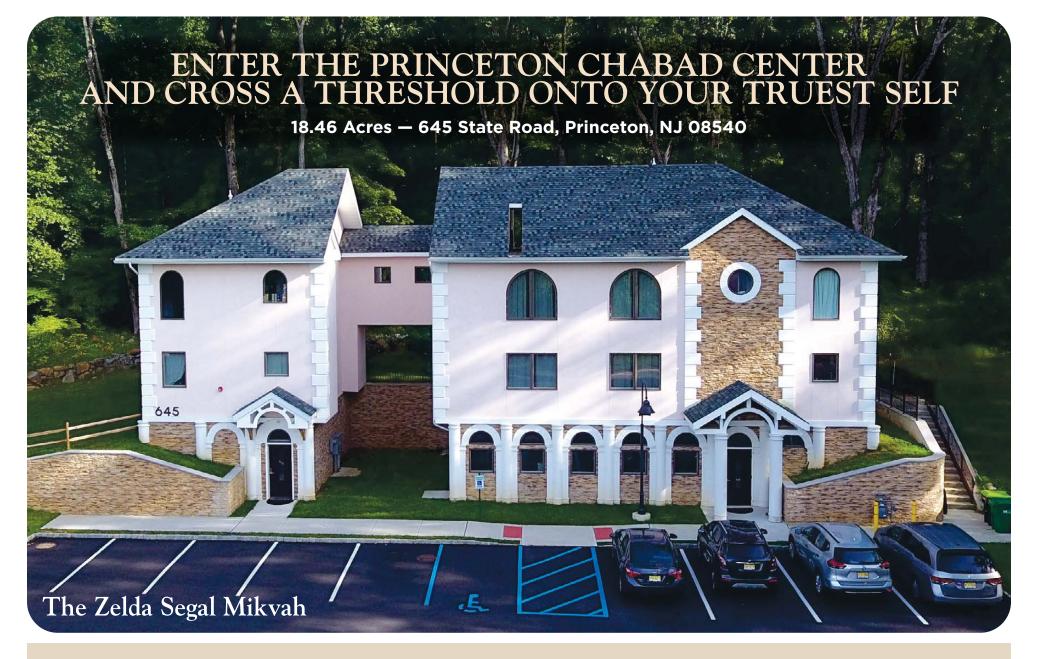
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The elements and joys of Jewish life: innumerable. The ways in which The Chabad Center of Princeton and Greater Mercer County shares and supports all of them: unstoppable. Affiliation and "Jewish literacy" matter not. Enter. Spiritually adventure in our shul; ascend while descending into our holy mikvah. Last but never least, while finding that truest self of yours. Gather with old friends and new faces in the strength and warmth of being one people! For here we are and ever will be, in all our glorious community history and service, unstinting life cycle and learning offerings, and love of every fellow Jew.

#### ELUL 5783/TISHREI 5784 אלול תשפ"ג/תשרי תשפ"ד 2023 ELUL 5783/TISHREI 5784

#### ELUL 18

Known as Chai Elul, the "life" of Elul. Birthday of Rabbi Israel Baal Shem Tov (1698), founder of the Chassidic movement, and of Rabbi Shneur Zalman of Liadi (1745), founder of the Chabad movement.

#### ELUL 23-24

After midnight, we recite Selichot (special penitential prayers). We continue to recite Selichot every weekday morning until Rosh Hashanah.

#### **ROSH HASHANAH**

Rosh Hashanah (literally, the "head" of the year) is the beginning of the Jewish year – and the "birthday" of all of creation. It commemorates the creation of Adam and Eve, the first humans. Man was the first to acknowledge G-d's kingship over the universe, and on Rosh Hashanah we renew this commitment to G-d and His commandments.

#### THE SHOFAR

The sounding of the Shofar (the ram's horn) is a central observance of Rosh Hashanah. The Shofar calls many things to mind: It symbolizes our coronation of G-d as King, it is a "wake up call" to return to G-d, and it presages the coming of Moshiach, whose arrival will be heralded by the "Great Shofar".

#### YOM KIPPUR

Yom Kippur, the Day of Atonement, is the holiest day of the Jewish calendar. It is a day of spiritual cleansing: We acknowledge our shortcomings and transgressions, with a firm resolution for a better future; G-d promises us forgiveness, and the chance for a fresh start. We refrain from work, and avoid any food or drink, as well as washing, using oils or lotions, marital relations and regular (leather) shoes.

#### SUKKOT

The name Sukkot is derived from the word Sukkah, or hut. In commemoration of the protective "clouds of glory" with which G-d surrounded the Jewish people on their way out of Egypt, we live in makeshift huts during the seven days of this holiday. During Sukkot, we observe the special mitzvah of shaking the Lulav (palm branch) and the Etrog (citron). Taken together with the Hadas (myrtle) and the Aravah (willow), these very different plant species represent the unity of disparate types of Jews who, each in their own way, are vital components of the Jewish nation.

"Shofar", by Aliza Marton, www.alizafineart.com





#### ROSH HASHANAH AND YOM KIPPUR HIGH HOLIDAY SERVICES

HELD AT PRINCETON CHABAD CENTER 645 STATE ROAD, PRINCETON, NJ

Call Chabad at 609.902.7819 for more information or visit us at Princetonchabad.org

## Gelstember 2023

#### ELUL 5783/TISHREI 5784





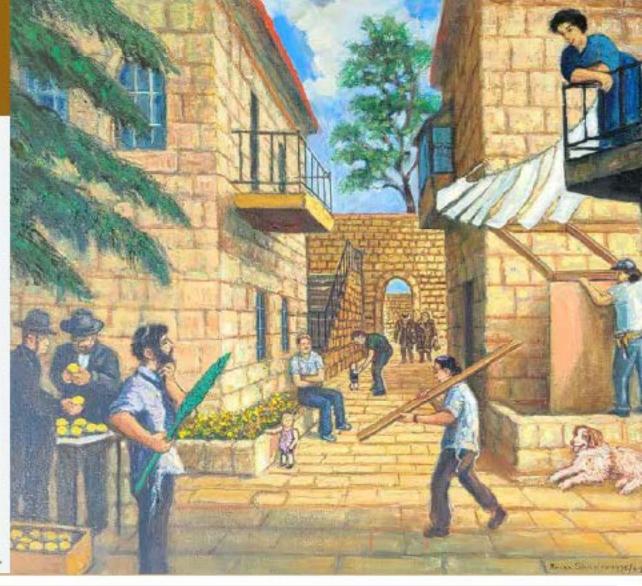
#### SIMCHAT TORAH

Simchat Torah marks the day we complete the reading of the Torah in its annual cycle. On the evening of Simchat Torah, (and in many communities, on the previous evening of Shemini Atzeret as well) we make seven Hakafot (circuits) around the table upon which the Torah is read, dancing and rejoicing with the Torah scrolls. During morning services on Simchat Torah, we complete the Torah, reading the last Torah portion. We immediately start reading the Torah from the beginning again—remembering that the Torah is an endless source of wisdom, each cycle challenging us to discover its ever deeper meaning.

#### THE WEEKLY TORAH READING

According to our tradition, the custom of reading from the Torah in the Synagogue every Shabbat is one of the oldest Jewish customs, instituted by Moshe Rabbeinu (Moses) himself. The Torah was divided by Moshe into 54 portions, which is the maximum number of regular readings possible in a single Jewish year. The regular cycle is suspended during Jewish holidays, when we read holiday themed portions instead. Most years, it becomes necessary to occasionally group two portions together in order to complete the cycle on time for Simchat Torah. Our lives are built around the calendar cycles: The year, the month, the week. Every day, the current Torah Reading offers a fresh source of inspiration. Though repeated again and again, there is always a new insight, a new guidance, a new commentary on the here and the now. This is the Jewish way of "living with the times."

"Preparing for Sukkot", www.LeviimArt.com 🕨





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NEW MOON, CHESHVAN: SHABBAT, OCTOBER 14, 2023, 6:33 (1/18) PM IISHREI/

#### TISHREI/CHESHVAN 5784



November 2023

#### CHESHVAN/KISLEV 5784 חשון/כסלו תשפ״ד

#### **CHESHVAN 11**

Passing of our Matriarch Rachel, wife of Yaakov. Rachel passed away in 1563 BCE as Yaakov was returning home to his parents. She is buried in Bethlehem.

#### **CHESHVAN 20**

Birthday of Rabbi Sholom Dov Ber of Lubavitch, the fifth Lubavitcher Rebbe (1860).

#### TEFILLIN

Alex Levin

Owne

Tefillin, or phylacteries, are donned every weekday by Jewish men and boys over the age of 13. The Torah describes Tefillin as a sign, a public statement of Jewish involvement. By donning Tefillin daily, an individual gives expression to his basic feeling of Jewish identity and its importance to him.

The Tefillin are placed on the arm facing the heart, and on the head. This signifies the binding of one's emotional and intellectual powers to the service of G-d. The straps, stretching from the arm to the hand and from the head to the legs, signify the transmission of intellectual and emotional energy to the hands and feet, symbolizing deed and action.

#### THE JEWISH CALENDAR

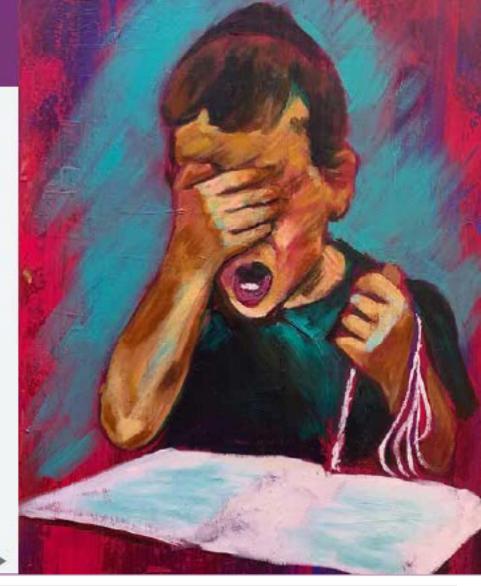
The Jewish calendar is the only calendar in which both the monthly and annual units are governed by real astronomical events: The lunar month, and the solar year.

The word for month in the Torah is either chodesh ("renewal"), or yerach ("moon"), both hinting at the rebirth of the moon at the beginning of the month. At the same time, the Torah commands us to ensure that the holiday of Passover always occurs in the spring, hinting at a solar year.

Because twelve lunar months are approximately 11 days short of a solar year, it becomes necessary to occasionally add a 13th month, Adar I, to the Jewish calendar year, so that Passover doesn't begin before the Spring.

What about this year? Our sages have devised a pattern which repeats itself every 19 years. This year, 5784, is a leap year, as is always the case the 8th year of the cycle.

"Prayer", by Keren Gordon, www.kerengordon.com 🕨



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lovember 2023

NEW MOONL KISLEV: MONDAY, NOVEMBER 13, 2023, 7:17 (2/18) AM CHESHVAN/KISLEV 5784



()ecember 2023 КISLEV/TEVET 5784 собі/ысп пиетт

#### **KISLEV 19**

"Chassidic Rosh Hashanah". Yartzeit of Rabbi Dov Ber of Mezritch, the second leader of the Chassidic movement (1772). Release from prison of Rabbi Schneur Zalman of Liadi, founder of the Chabad movement (1798). His triumphant release marked a turning point in the spreading of Chassidic thought, and this date is celebrated in many communities throughout the world.

#### CHANUKAH

The kindling of the Menorah is the focal point of the Chanukah holiday, symbolizing religious freedom and the strength of the Jewish spirit. The Menorah is kindled on each of the eight nights of Chanukah, this year beginning on Thursday evening, December 7.

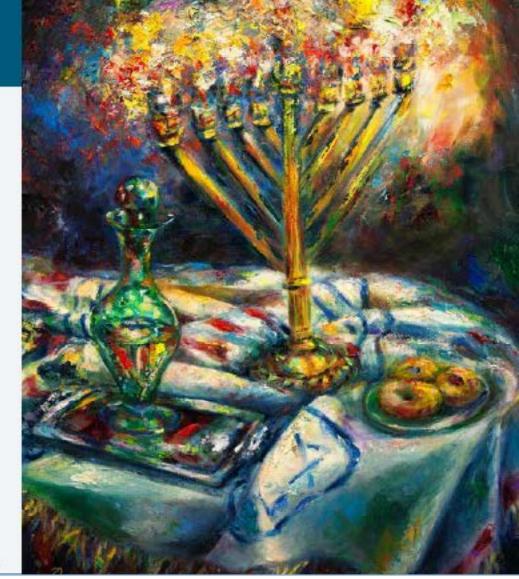
The Menorah is placed at the left side of a central doorway of the home, or at the front window. The candles should be lit immediately following sunset, and should be prepared so that they will remain lit for at least a half hour after dusk. In keeping with Shabbat observance, the Menorah is lit before the Shabbat candles on Friday evening and after the Havdalah ceremony at the end of Shabbat.

Gather all family members and light the Shamash, the service candle. Recite the blessings, then light the candles beginning from the left. When done, place the Shamash at its designated place, separated from the other candles.

#### **TEVET 10**

Observed as a fast day. On this date, Jerusalem was placed under siege by the Babylonian king Nebuchadnezzar, resulting in the destruction of the First Temple (422 BCE).

"Chanukah", by Rosa Katzenelson, www.rosakatzenelson.com



JOIN CHABAD'S ANNUAL CHANUKAH MENORAH CAR PARADE IN MERCER COUNTY

Please visit www.PrincetonChabad.org for more information on all of our Chabad activities and celebrations.

Join our Chanukah Shabbos Dinner



## December 2023

NEW MOON, TEVET: TUESDAY, DECEMBER 12, 2023, 8:01 (3/18) PM KISLEV/TEVET 5784





#### **TEVET 24**

Yartzeit of Rabbi Schneur Zalman of Liadi, founder of the Chabad movement (1812).

#### SHEVAT 10

Yartzeit of Rabbi Yosef Yitzchak Schneersohn, sixth leader of Chabad Lubavitch (1950). Rabbi Yosef Yitzchak fought to preserve Jewish life in the U.S.S.R. until he was imprisoned for it, threatened with his life, and then miraculously freed and allowed to leave (1927). In 1940 he came to the United States and established the network of Chabad-Lubavitch educational institutions throughout the U.S.A. and across the world.

This day also marks the beginning of the leadership of his son-in-law Rabbi Menachem Mendel Schneerson, known as the Lubavitcher Rebbe.

#### SHEVAT 15 - TU B'SHEVAT

In Jewish tradition, the fifteenth day of Shevat marks the "New Year" for the trees, opening the season in which trees begin to bud in the Holy Land.

It is customary to celebrate this date by enjoying some fruit, especially the five fruits mentioned in the Torah in connection with Israel: Grapes, Figs, Pomegranates, Olives, and Dates.

"Shabbas", by Keren Gordon, www.kerengordon.com





166 Bunn Drive, Princeton, NJ 08540 (609) 924-1621

Jordan Fried, DMD



NEW MOON, SHEVAT: THURSDAY, JANUARY 11, 2024, 8:45 (4/18) AM

#### TEVET/SHEVAT 5784



February 2024

SHEVAT/ADAR I 5784 שבט/אדר אי תשפייד

#### SHEVAT 22

Yartzeit of Rebbetzin Chaya Mushka Schneerson, wife of the Lubavitcher Rebbe (1988).

#### ADAR

Adar is the month during which we celebrate the joyous holiday of Purim. But it's not just Purim; "As soon as Adar enters", says the Talmud, "start increasing the joy". The joyous spirit continues beyond Purim, making Adar the most joyous month in the Jewish calendar.

#### ADAR 7

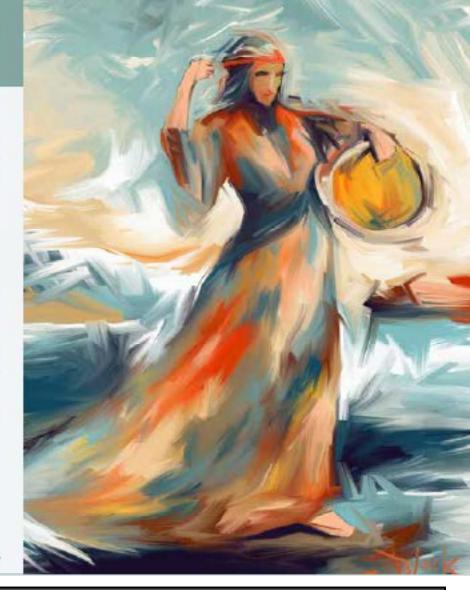
Birthday and Yartzeit of Moshe Rabbeinu (Moses), who led the Jewish people out of Egyptian bondage.

#### SHABBAT AND FESTIVAL CANDLES

Throughout the ages, light has stirred the imagination of poets, mystics, scientists and psychologists. Because its nature is so different from other material entities, it is often used to describe spiritual insight. Shabbat is a day of light; its pattern and value-orientation is different from the other days of the week. Thus it is the lighting of the Shabbat Candles that ushers in this state of awareness and inspires us to feel the way it permeates our lives. The mystics call this day of light the Shabbat Queen, and the responsibility for lighting the candles and inducing this change of perspective is the woman's. It is she who welcomes the Shabbat Queen into the home.

Young girls, from the age of three or even younger, are encouraged to light their own candles, to involve and educate them in this profound and beautiful mitzvah.

The Shabbat Candles are lit 18 minutes before sunset.



"Myriam Celebrating The Redemption", by Itan Block, www.ilanblock.com 🕨



## MEMORY LOSS MAY BE <u>PREVENTABLE</u>.

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February 2024

NEW MOON, ADAR 1: FRIDAX, FEBRUARY 9, 2024, 9:29 (5/18) FM SHEVAT/ADAR 1 5784

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SHABBAT
AFFORDABLE MODERN LIVING MADE EASY HOME DELIVERY - LEXMOD.COM - 609.256.900	REAL ESTATE AGENT ANNA SHULKINA RATED "MOST SALES" M ZILLOW TOP 1% OF FRALTORS NATIONWIDE RE/MAX OF PRINCETON CALL: (609) 216-7071 ASHULKINA@YAHOO.COM	STAR OF DAVID MEMORIAL CHAPEL OF PRINCETON 40 Vandeventer Avenue Princeton, NJ 08542 (609) 924-0245 Albert D. Correnti Jr., Manager N.J. Lic. # 3538	FOOD MARKETS Exceptional Every Day. Princeton Shopping Center North Harrison Street (609) 683-1600	כב שבש SHEVAT 22	2 BHEWAT 23	3 Shebbat ends at 6:01pm
4 знеvaт 25	5 SHEVAT 28	6 BHEVAT 27 BHEVAT 27 Children's destingur children's destingur Alignet 108 Building 6, Suite 108 Lawrenceville, NJ 08648 609-896-2006	7 Stephen I. Hudis, D.D.S., F.A.C.P. Restorative Dentistry 924-7910 Diplomate American Board of Prosthodontics	8 BERNAT 28 PRINCETON Princeton, NJ 08540 Tel 609.924.0936 www.princetondentistry.com	9 SHEVAT 30	MISHPATIM ADAR 11 MISHPATIM ADAR 11 ROSH CHODESH Shabbat ends at 6:09pm
ADAR I Z	12 <b>* LTR 3</b> <b>Description</b> Managing Risk Since 1915 609-896-3434 bordenperiman.com	13 ADAR 14	CRUISE VACATIONS Guaranteed Best Rates on your next cruise vacation! 609-945-9801 Call Today or visit us at: 120 Village Blvd Princeton Forrestal Village	15 ADARI 6	Light candles at 5:17pm	TERUMAH ADAR I S Shabbat ends at 6:17pm
18 ADAR 1 9	19 ADAR 1 10 BRUCE I. AFRAN Attorney-at-Law 25 years in the Princeton Community 609-924-2075	20 KATK K ADARI 11 WWWWWWWWWWWWWWWWWWWWWWWWWWWWWWWWWWW	יב אדר א ADAR 12	22 ADARI 13 STEVEN L. SACKS-WILNER Attorney at Law 908.458.3865	PURIM KATAN Light candles at 5:25pm	24 ADAR 115 TETZAVEH ADAR 115 SHUSHAN PURIM KATAN Shabbat ends at 6:25pm
25 K THE TO ADARY I IS THE RENAL GROUP of Central New Jersey, P.A. Nephrology & Hypertension SUZANNE M. KABIS, M.D. Somerset, NJ 08873 732.246.2626	Princeton Electrical Makeover 609-647-4986 3490 US Route 1 Building 16 Suite 101 ELECTRICALMAKEOVER.COM	227 ADART IB Nursery-8th Grade Oustanding Dual Curriculum Constanting Dual Curriculum C	28 ADARI 19	ADARI 20	Check Content of Conte	PRINCETON ORAL & MAXILLOFACIAL SURGERY Jordan Fried, DMD 166 Bunn Drive, Princeton, NJ 08540 (609) 924-1621

## **Chabad Stock Always Ascends!**

- **1991** Chabad of Princeton founded on Hamilton Avenue, Princeton
- **1992** The Princeton Chabad Shul opens its doors
- **1993** A house for Chabad purchased
- 1994 Groundbreaking for Princeton Chabad Mikva
- 1995 Opening of the Chabad Mikva
- **1997** Chabad's Founders Gala Dinner and First Torah Completion Celebration
- **1999** Chabad's First Purim Family Concert and Second Torah Completion Celebration Chabad of the Windsors established
- 2000 Second Chabad Founders Gala Dinner Camp Gan Israel of Greater Mercer County's debut summer
- 2001 Chabad of Lawrenceville established

- **2002** Chabad of South Brunswick established Chabad of Princeton University established
- **2003** Third Chabad Founders Gala Dinner Chabad of Monroe Township established
- 2004 Purchase of 18.49 Acres of land on 645 Rt. 206
- **2007** Chabad of College of New Jersey established Fourth Chabad Gala Dinner Celebration and Third Torah Completion Ceremony
- **2009** Friendship Circle of Greater Mercer County established
- **2012** Fifth Chabad Gala Dinner Celebration A TIME TO BUILD – The campaign to establish the Princeton Chabad House begins
- 2014 Chabad of S. Hamilton / Robbinsville established
- 2016 Sixth Chabad Gala Dinner Celebration

April 2018 Our ascension reaches a zenith – The Princeton Chabad Center completed

**November 2018** The Princeton Chabad Mikvah opens its doors!

2019 Welcoming our Newest Torah to our Princeton Chabad Shul, in conjunction with our Seventh Chabad Gala Dinner Celebration!

#### Rosh Hashanah, September 2022

Completion and Celebration of a Torah Scroll created for our beloved Seniors and Special Needs Community

#### **Winter 2022**

Phase 2 – Expansion and Building Campaign of Chabad's Inclusion Park and Gardens, a playspace for every physical and cognitive demographic





#### THE FAST OF ESTHER

The Fast of Esther is observed on the 13th of Adar, when, during the story of Purim, the Persian king decreed all the Jews to be annihilated. Even after Haman's downfall, the decree was never rescinded, and the Jews gathered throughout the empire to defend themselves. Those who didn't participate in the fighting, including Queen Esther, devoted the day to fasting and prayers for deliverance.

#### PURIM

The actual story of Purim, as told in the Scroll of Esther, is as fascinating and spellbinding as any best seller. Yet, though it is sacred scripture, we do not find the name of G-d mentioned even once! But within the intricate details of the Megillah, we can detect the unmistakable hand of Divine Providence. And the closer we examine the story, the more we discover that even seemingly insignificant events are precisely arranged by the hand of the Almighty.

HOW TO CELEBRATE PURIM:

 Listen to the reading of Megillat Esther (the Scroll of Esther) at night and day, recounting the story of Purim.

Send gifts containing at least two types of ready-to-eat (kosher) food to
one or more friends on the day of Purim. These gifts, called Mishloach Manot
("sending portions"), should preferably be sent via a third party.

 Give Matanot L'evyonim ("gifts of charity to the poor"). While Tzedakah (charity) is a year-round responsibility, it is a particularly special Mitzvah on Purim. Give to at least two needy individuals during Purim day.

Celebrate with a special festive and joyous meal.

"Purim", by Rosa Katzenelson, www.rosakatzenelson.com 🕨

Chabad of Greater Mercer County Invites You to Join Us at Our Annual

Heimishe PURIM Dinner! Festive Purim Seudah!

> Sunday, March 24th Megillah Reading 5:00 Sharp!



THE RENAL GROUP of Central New Jersey, P.A. Nephrology & Hypertension Somerset, NJ 08873 732.246.2626 SUZANNE M. KABIS, M.D.



March 2024

NEW MOON, ADAR IL SUNDAY, MARCH 10, 2024, 10:13 (5/18) AM ADAR I/ADAR II 5784



Hanil 2024

#### ADAR II/NISSAN 5784 אדר ב/ניסן תשפ״ד

#### NISSAN 11

Birthday of the Lubavitcher Rebbe, Rabbi Menachem M. Schneerson (1902).

#### **CELEBRATING PESACH**

On Pesach (Passover) we celebrate the birth of the Jewish nation with our miraculous redemption from Egypt. Pesach is celebrated by refraining from eating (or even owning) any foods which are chametz (leavened), and by participating in a Seder dinner on the first two nights of the holiday.

#### **REMOVAL OF CHAMETZ**

We prepare for Pesach by thoroughly cleaning any place we own, rent, or work at, and removing any trace of charmetz we find. Sinks, tables, countertops, and dishes used throughout the year need to be koshered for Pesach use.

On the evening before Pesach begins we formally search the entire home for any remaining chametz. Any chametz we don't plan on destroying is placed in a separate room or closet, sealed, and sold through a competent Rabbi - to a non-Jew for the duration of the festival. Unsold chametz must be destroyed the morning before Passover, this year on Monday, April 22, by the indicated time.

#### THE SEDER

The Pesach Seder, conducted each of the first

two nights of Pesach, is the central event of the Passover festival.

 We drink four cups of wine (or grape juice), remembering the redemption and its four stages.

 We ask the "Four Questions" and recite the Haggadah, retelling the story of Passover and the miracles of our redemption.

 We eat Shmurah Matzah, the plain unleavened bread which isn't allowed to rise, remembering both the simple bread of slaves and the swiftness of the redemption from Egypt.

 We eat Maror (bitter herbs), remembering the bittemess of the enslavement.

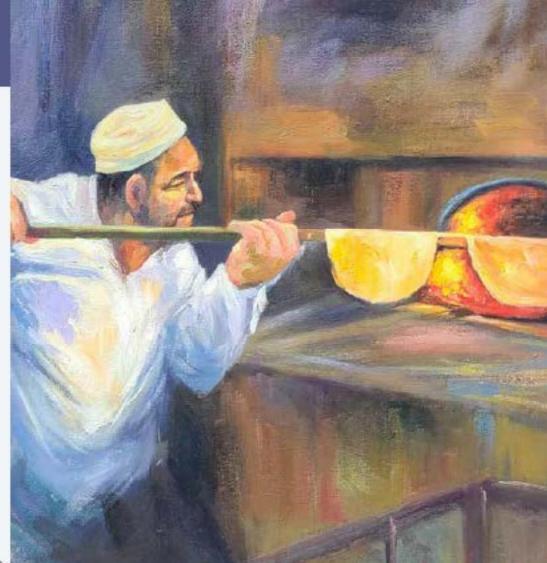
#### THE LAST DAY OF PESACH

The eighth and final day of Pesach is associated with the ultimate redemption through Moshiach, and our fervent hope for its imminent arrival. In many communities, a festive "Moshiach Meal" is organized toward the evening, to emphasize this day's special dimension.

#### COUNTING OF THE OMER

Beginning the second evening of Pesach, we count seven weeks until the arrival of the festival of Shavuot. They correspond to the seven weeks, starting from the day of the Exodus, during which our ancestors eagerly awaited the receiving of the Torah at Mount Sinsi.

"Baking Matzah", www.LeviimArt.com 🕨



~Pesach Seder ~

#### APRIL 22ND & 23RD

Experience the deeper meaning of Passover in a warm, inspiration environment, complete with a delicious Seder Dinner, thought provoking insights, four cups of wine and plenty of Matzah! RSVP Malky@Princetonchabad.org

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NEW MOON, NISSAN: MONDAY, APRIL 8, 2024, 10:57 (7/18) PM ADAR II/NISSAN 5784



May 2024

#### NISSAN/IYAR 5784 ניסן / אייר תשפ״ד

#### PESACH SHENI

When the Holy Temple stood in Jerusalem, this day offered a second chance to offer the Passover sacrifice for those who had been unable to bring their offering at the appropriate time.

#### IT'S NEVER TOO LATE

The eternal significance of the Second Passover, says the sixth Lubavitcher Rebbe, Rabbi Yosef Yitzchak Schneersohn, is the notion that it is never too late to rectify a past failing. Even if we have failed to the extent that the Torah calls us "contaminated by death" (i.e., in a state of disconnection from the Divine source of life) or "on a distant road" from our people and G-d, there is always another chance. It's always possible to "Pass over" the past, and make good on what we have missed out.

#### IYAR 18 - LAG BA'OMER

On this date, in the early 2nd century, the students of Rabbi Akiva, the greatest sage of that era, ceased to die from an epidemic. Years later on this same date, his student Rabbi Shimon Bar Yochai, Mishnaic sage and author of the Zohar (the seminal work of Kabbalah) passed away. Having fulfilled his mission in this world he asked that the anniversary of his death be celebrated as a joyous occasion. Throughout the Land of Israel – and indeed in Jewish communities throughout the world – this day is marked with festivities and bonfires. In particular, thousands journey to rejoice in the town of Meron, site of Rabbi Shimon's resting place.

#### MEZUZAH

The Mezuzah is a small piece of parchment containing the first two paragraphs of the Shema prayer. It is affixed to the doorposts of Jewish homes and businesses.

The Mezuzah reminds us of G-d's constant presence even in our own homes, and His ongoing relationship with us. A kosher Mezuzah protects our homes, too. On the back of the Mezuzah is inscribed the Divine name, Sha-Da-I, made up of three Hebrew letters which form the acronym of the phrase, "Keeper of the Gates of Israel".

The Mezuzah is hand-written on a parchment by a qualified sofer (scribe). To make sure that your Mezuzahs are Kosher, it is important to purchase Mezuzot from a reliable source and to have them checked regularly by a professional sofer. Contact our office for help.







Join us for the reading of the Ten Commandments followed by Dairy Luncheon and Ice Cream Party Wednesday, June 12th at 10:00 AM





NEW MOON, IYAR: WEDNESDAY, MAY 8, 2024, 11:41 (8/18) AM

#### NISSAN/IYAR 5784

SUNDAY	MONDRY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SHABBAT
Princeton Shopping Center North Harrison Street (609) 683-1600	STAR OF DAVID MEMORIAL CHAPEL OF PRINCE 40 Vandeventer Avenue Princeton, NJ 08542 (609) 924-0245 Albert D. Correnti Jr., Manager N.J. Lic. # 3538	Catering for All Occasions Catering for All Occasions Glat Kosher Experience Bin Departments under Supervision of OL. The Mercer Mall Rt. 1 South & Quakerbridge Rd. Lawrenceville • (609) 275-8555	1 DT A 3D NISSAN 23 Omer 8 ISRU CHAG In the evening count Omer 9	2 Instant 24 With the control of th	3 I tora no NBBAN 25 Omer 10	4 10°3 10 MBBAN 26 Omer 11 PIRKE-AVOT: Chapter 1 In the evening count Omer 12 Shabbat ends at 8:43pm
5 MBBAN 27 Omer 12 Comer 12 MBAN 27 Comer 12 MBAN 27 Comer 12 MBAN 27 Comer 12 MBAN 27 Comer 12 MBAN 27 Comer 12 MBAN 27 Comer 12	6 10*3 no MISSAN 23 Dmer 13 Princeton Electrical Makeover 609-647-4986 3490 US Route 1 Building 16 Suite 101 ELECTRICALMAKEOVER.COM In the evening count Omer 14	7 1073 100 MBSAN 23 Omer 14. <i>Director Medical Instance</i> CLINICAL TRIALS FOR MEMORY A DOPERSSION MEMORY A DOPERSSION MINICETON NO 0550 -(609) 921-0550- In the evening count Omer 15	8 10°3 7 NIBSAN 30 Omer 15 ROSH CHODESH In the evening count Omer 18	<b>9</b> אייאר אי ואר ו ואר 1 Omer 18 ROSH CHODESH In the evening count Omer 17	10 TAR 2 TRAR 2 Omer 17 In the evening count Omer 18 Light candles at 7:46pm	11       1100 H H       1100
12 אייר ד ואא 4 Omer 19	13 TAR 5 Comer 20 Jordan Fried, DMD 166 Bunn Drive, Princeton, NJ 08540 (609) 924-1621	14 Trak 1 Constant Stephen I. Hudis, D.D.S., F.A.C.P. Restorative Dentistry 924-7910 Diplomate American Board of Prosthodontics In the evening court Omer 22	In the evening count Orner 23	16 TAR B THAR	17 MAR 9 Omer 24	18 TAR 10 Omer 25 PIRKEI-AVOT: Chapter 3
19 THE BY TAR 11 CHE S CRUISE VACATIONS Guaranteed Best Rates on your next cruise vacation 609-945-9801 Call Today or visit us at: 120 Village Blvd Princeton Forrestal Village	200 THE 12 CHEF 27 BRUCE I. AFRAN Attorney-at-Law 25 years in the Princeton Community 609-924-2075 In the evening count CHEF 28	21 DATE 23 OTHER 23 AVOID OF MOTIFAL ANALTS VIOL AT PRINCETONICHARACTIC DAVID ANALTS VIOL AT MOTIFAL HEARTS MOTIFAL HEARTS	22 אייי אייי אייי אייא אייי אייא אייי אייא אייע אי Miar 14 Omer 29 PESACH SHEINI In the evening count Omer 30	אוייר אוי ואי ואאי ואאי אויאר אויא אויאר אויא אויא	<b>24 אייד ושייה</b> MAR 16 Omer 31	<b>25</b> WAR 17 Omer 32 <b>BEHAR</b> <b>PIRKEI-AVOT:</b> <b>Chapter 4</b> <b>In the evening count Omer 33</b> Shabbat ends at 9:06pm
LAG BA'OMER In the evening count Omer 34	27 THE RENAL GROUP of Central New Jersey, P.A. Nephrology & Hypertension SUZANNE M. KABIS, M.D. Somerset, NJ 08873 732.246.2626	28 Trat D MAR 20 Omer 35 AFFORDABLE MODERN LIVING MADE EASY Low In the evening count Omer 36	A COMPARENT OF THE REAL PROPERTY OF THE REAL PROPER	30 MAR 22 Comer 37 PPINCETON PEN TISTRY Princeton, NJ 08540 Tel 609.924.0936 www.princetondentistry.com	31 Trust 20 MAR 23 Omer 38 <b>BORDERN</b> Managing Risk Since 195 609-896-3434 <b>bordenperiman.com</b> In the evening count Omer 39 Light candles at 8:04pm	Ramil Jarzabek Kamil Jarzabek STUCCO & STONE CONTRACTOR 609-375-7155 KWW.JAR-ART.COM

#### IYAR/SIVAN 5784 אייר / סיון תשפ״ד

#### THE FESTIVAL OF SHAVUOT

June 2024

Shavuot celebrates the giving of the Torah at Mount Sinai. It is on this day that we became G-d's "chosen people", and He formed a bond with us which shall never be broken.

#### SHAVUOT OBSERVANCES

 All-night Torah-study on the first night of Shavuot. What a great preparation for receiving the Torah!

 Reading of the Ten Commandments in the synagogue on the first day of Shavuot. Bring your children along – the guarantors for a proper Jewish future!

 A festive dairy meal is served on the first day of Shavuot. Like milk for an infant, we receive all our spiritual nourishment from the Torah!

#### KOSHER: SPIRITUAL DIET FOR A SMALL PLANET

For our physical wellbeing, few things are as important as a healthy diet. But the Kosher laws offer the soul similar benefits, and more. The mystical masters teach us that everything we eat has a bit of holiness – a "spark" of Divine energy released when we eat foods prepared in accordance with the kosher laws. Just as the body responds to the quality of the food that fuels it, so too the soul: With appropriate foods prepared in the prescribed manner, we absorb the Divine nourishment that makes for a healthy spirit. Adapting your diet to a kosher lifestyle is easier than you might imagine. The shelves of your local supermarket are stocked with literally hundreds and even thousands of products produced under kosher supervision.

For more information about Kosher, or if you need help koshering your kitchen, please contact our office.



"Ruth", by Ilan Block, www.ilanblock.com 🕨

Please Join us for a Chassidic Community Gathering CELEBRATING THE LIFE AND LEGACY OF THE LUBAVITCHER REBBE OF BLESSED MEMORY In honor of the Rebbe's 28th Yahrtzeit FRIDAY, JULY 5TH

Kabbolas Shabbos, and Maariv at 7:00 P.M.

Followed by a Festive Shabbos Dinner







NEW MOON, SIVAN: FRIDAY, JUNE 7, 2024, 12:25 (9/18) AM

#### IYAR/SIVAN 5784

S	UNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SHABBAT
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23 **	יז ס אאו דד אאו 24 אאו 24	24 SMAN 13 SMAN 13	Nursery-8th Grade Oustanding Dual Curriculum Community Jewish Day School (25) 493-1800 www.abramsonline.org 31 W College Avenue Vardlaw PA	Princeton Electrical Makeover 609-647-4986 3490 US Route 1	27 BRAN 21 PRINCETON Princeton, NJ 08540 Tel 609.924.0936	כב סייז 82 אאיוצ 22 Navis	29 INAN 23 SHELACH Bessing of new month PIRKEF-AVOT: Chapter 3
		Lawrenceville, NJ 08648 609-896-2006	Lifetime of Success Yardley, PA	Building 16 Suite 101 ELECTRICALMAKEOVER.COM	www.princetondentistry.com	Light candles at 8:15pm	Shabbat ends at 9:23pm

#### SIVAN/TAMMUZ 5784 סיון / תמוז תשפ״ד

#### TAMMUZ 3

July 2024

Hilulo of the Lubavitcher Rebbe, Rabbi Menachem M. Schneerson (1994). The Rebbe's contribution to Jews and Judaism in this generation is immeasurable. Under his leadership and guidance, thousands of young couples have dedicated their lives, through the global network of Chabad Lubavitch institutions, to spread Yiddishkeit throughout the globe. His vision and promise of an imminent redemption, and a world filled with G-dliness, peace and harmony continues to inspire millions throughout the world. Through our efforts, it shall surely soon become a reality.

#### THE UPCOMING REDEMPTION

The belief in the upcoming redemption is one of the foundations of our faith, and has been promised to us by almost every one of our prophets, beginning with Moses himself. Maimonides included it in his famous Thirteen Principles of the Jewish Faith. Throughout the ages, even during the most trying times, our ancestors have always prayed for and looked forward to the coming of Moshiach, our redeemer.

#### LET'S WELCOME MOSHIACH

Led by the Lubavitcher Rebbe, Rabbi Menachem M. Schneerson, many prominent Rabbis proclaimed this generation to be the one to usher in the redemption. We can prepare for this special time by studying the relevant passages in the Torah and its commentaries, and by increasing in acts of goodness and kindness. This will not only help us prepare for the redemption – this will hasten its arrival!

#### TAMMUZ 12

Birthday of Rabbi Yosef Yitzchak, sixth leader of Chabad Lubavitch (1880), and his release from Bolshevik imprisonment (1927). He was imprisoned and threatened with his life for his struggle to preserve Judaism in the Soviet Union. His release is since celebrated throughout the Jewish world as a victory for Jewry and Judaism.

#### A PERIOD OF MOURNING

The 17th of Tammuz is observed as a day of fasting. On this date, in the year 68, the walls of Jerusalem were breached by the Romans after years of siege. The Jewish forces continued to defend the Temple Mount for another 19 days, until it too fell on Av 7. The Beit HaMikdash, the Holy Temple, was torched late on Av 9. The entire period, totaling 21 days, is observed as a period of semi-mourning, such as not scheduling any weddings, as well as avoiding festive music and dancing.

"Open The Gates", by Ilan Block, www.ilanblock.com 🕨











NEW MOON, TAMMUZ: SHABBAT, JULY 6, 2024, 1:09 (10/18) PM

#### SIVAN/TAMMUZ 5784





#### TISH'A B'AV – THE NINTH OF AV

The Ninth of Av has been a sad day on the Jewish calendar since our earliest days as a people. Just one year after our forefathers left Egypt, it was on this date that G-d punished that generation, decreeing that they would wander the desert for forty years, never entering into the Holy Land. The focus of our mourning, however, is on the destruction on this date of both the first Temple (422 BCE) and the second Temple (68 CE).

From the beginning of the month of Av (excluding Shabbat), we refrain from consuming meat or wine and from various pleasurable activities as a sign of additional mourning.

The Ninth of Av itself is observed as a fast day similar to Yom Kippur. We refrain from food and drink, as well as from wearing leather shoes, washing or showering, using oils or lotions, and marital relations. Additionally, on the eve of the fast, the scroll of Eichah {Lamentations} is read in the synagogue in a unique chant, which is mournful yet reassuring. Until noon we sit on low seats only, as is customary for a mourner during Shiva. May we merit seeing the ultimate redemption and rebuilding of the Temple by Moshiach, now!

#### **AV 15**

The Mishnah recounts: "There were no greater holidays for the Jewish people than that of the 15th of Av and of Yom Kippur."

Several joyful events have occurred on this date, including the end of the 40year decree upon the Jewish people to wander and die out in the desert after leaving Egypt. This date is particularly joyful as it occurs just as we conclude the mourning period over the destruction of the Temple.

"My House ... for All Nations", by Keren Gordon, www.kerengordon.com 🌗





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August 2024

NEW MOON, MENACHEM AV: MONDAY, AUGUST 5, 2024, 1:53 (11/18) AM TAMMUZ/MENACHEM AV 5784

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SHABBAT
The Kosher Experience Catering for All Occasions Wild Kosher, Sarvice Kosher, Delli and Rish Departments under Supervision 100. The Mercer Mall Rt. 1 South & Quakerbridge Rd. Lawrenceville • (609) 275-8555	REAL ESTATE AGENT ANNA SHULKINA RATED MOST SALES NO ZILLOW TOP 1% OF REALTORS NATIONWIDE REMAX OF PRINCETON CALL: (609) 216-7071 ASHULKINA@YAHOO.COM	STAR OF DAVID MEMORIAL CHAPEL OF PRINCETON 40 Vandeventer Avenue Princeton, NJ 08542 (609) 924-0245 Albert D. Correnti Jr., Manager N.J. Lic. # 3538	Princeton Shopping Center North Harrison Street (609) 683-1600	TAMMUZ 26	2 TAMINUZ 27	3 THEOR IND TAMMAUE 28 MASSEI Shathart Checak Blessing of new month PIRKEI-AVOT: Chapter 2 Shabbat ends at 8:56pm
4 TAMMUZ 29 TAMMUZ 29 EXECUTION EXEC	ROSH CHODESH	6 at a mercent children's destinder Building 6, Suite 108 Lawrenceville, NJ 08648 609-896-2006	7 <b>3</b> Stephen I. Hudis, D.D.S., F.A.C.P. Restorative Dentistry 924-7910 Diplomate American Board of Prosthodontics	B ANA PRINCETON Princeton, NJ 08540 Tel 609.924.0936 www.princetondentistry.com	<b>9</b> AV 5	10 AV 6 DEVARIM Shabbat Chazon PIRKEI-AVOT: Chapter 3 Shabbat ends at 8:46pm
11 AV T <b>BORDENN</b> Managing Risk Since 1915 609-896-3434 bordenperlman.com	12 <sup>3₩ n</sup> Fast begins at 7:59pm	13 ANS	14 AV 10 CRUISE VACATIONS Guaranteed Best Rates on your next cruise vacation! 609-945-9801 Call Today or visit us at: 120 Village Blvd Princeton Forrestal Village	15 AV 11	Light candles at 7:36pm	17 Av 13 VATETCHANAN Av 13 Shabbar Nachamu PIRKEI-AVOT: Chapter 4
18 <sup>3# TP</sup> <sup>AV 14</sup>	<b>19</b> At 18 <b>BRUCE I. AFRAN</b> Attorney-at-Law 25 years in the Princeton Community <b>609-924-2075</b>	20 20 AV 18 AV 18 Princeton Medical Institute CLINICAL FIRIALS FOR MEMORY & DEPRESSION DEFREY 1. APTER. MD 256 BUNN DRIVE, SUITE 6, PRINCETON, NJ 08540 -(609) 921-6050	21 AV 17	22 AND STEVEN L. SACKS-WILNER Attorney at Law 908.458.3865	Light candles at 7:26pm	24     AX 20     EIKEV       PIRKEHAVOTE     Chapter 5       Shabbat ends at 8:25pm
25 <sup>28, 80</sup> THE RENAL GROUP of Central New Jersey, P.A. Nephrology & Hypertension SUZANNE M. KABIS, M.D. Somerset, NJ 08873 732.246.2626	26 AV 22 AV 22 Princeton Electrical Makeover 609-647-4986 3490 US Route 1 Building 16 Suite 101 ELECTRICALMAKEOVER.COM	27 Mursery-8th Grade Oustanding Dual Curriculum Constanting Curriculum	28 AV 24 POMS PRINCETON SURGERY Jordan Fried, DMD 166 Bunn Drive, Princeton, NJ 08540 (609) 924-1621	29 <sup>ar no</sup> AV 25	30 AV 25	Shabbat ends at 8:13pm

Septemben 2024 MENACHEM AV/ELUL 5784 מנחם אב/אלול תשפ"ד

#### ELUL

The month of Elul is the time to reflect on the passing year, to examine our behavior and to correct any shortcomings. In synagogues throughout the world, extra prayers are recited daily and the Shofar is sounded every weekday.

#### THE KING IS IN THE FIELD

When the king leaves his guarded palace and travels through the fields, he makes himself accessible to all – and the people stop what they are doing and come out to greet him, excited by the rare opportunity to see their king up-close. During the month of Elul, G-d is more accessible to us, His people. This notion compets us to stop and reach out to Him through repentance, prayer and charity.

#### ELUL 18

Known as Chai Elul, the "life" of Elul. Birthday of Rabbi Israel Baal Shem Tov (1698), founder of the Chassidic movement, and of Rabbi Shneur Zalman of Liadi (1745), founder of the Chabad movement.

#### ELUL 25-26

After midnight, we recite Selichot (special penitential prayers). We continue to recite Selichot every weekday morning until Rosh Hashanah.

"The Seven Blessings" by Aliza Marton, www.alizafineart.com 🕨



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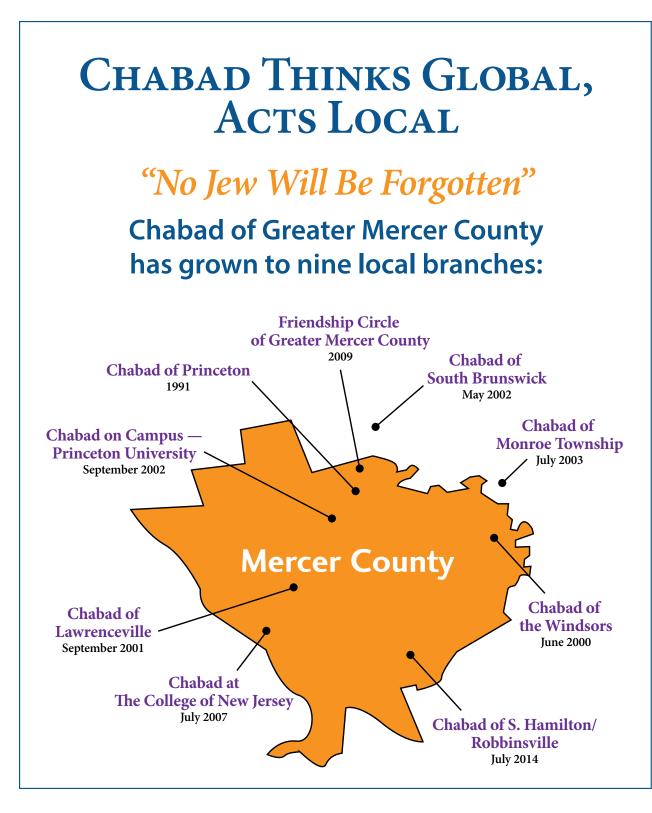
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## Gelstember 2024

#### NEW MOON, ELUL: TUESDAY, SEPTEMBER 3, 2024, 2:37 (12/18) PM MENACHEM AV/ELUL 5784





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